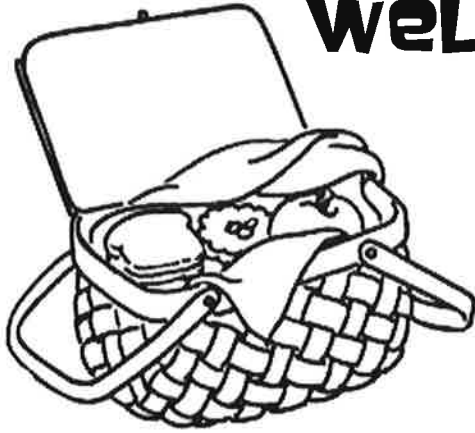


# General Nash Elementary Home & School Association



## **WELCOME BACK PICNIC & ACTIVITY FAIR**

Nash Elementary Cafeteria and Gym

Friday, October 4th, 2013

6:30-8:30pm

It's a **B-Y-O-PICNIC-DINNER** to welcome the start of another school year! Mark your calendars for a fun night of meeting new families and catching up with old friends, learning about some great activities and events at Nash, and checking out local youth organizations! We'll have door prizes, raffles, freebies, and fun activities!

The **Boy Scouts** will have their pinewood derby track set up, so be sure to bring any pinewood derby cars to race! Find out about Nash's **Million Tabs Challenge** - don't forget to bring any aluminum tabs you've collected! Check out **Odyssey of the Mind** props and costumes and learn more about this district-wide activity club. Vote for your favorite inflatable at the **Winter Carnival Booth**. Play games and pick up registration forms at the **Spanish Club** table. Take the Nash Trivia Challenge at the **Spirit Wear** table... items will be available for purchase and to order, and there will be door prizes, too! Sign up to help in the **Nature Nook**... always a favorite kid activity. Be sure to bring any **Box Tops** and **Campbell's Labels**! We will also have representatives from **North Penn Boys & Girls Clubs**, **North Penn Lacrosse Club**, **Towamencin Soccer Club**, and other local youth organizations. We are adding new activities and tables every day... be sure to mark your calendars for our Home & School kick-off-the-new-year celebration!

**WE LOOK FORWARD TO SEEING YOU AT THE PICNIC AND FAIR!**

*Contact Laura Boquist for more information about this event:*

*[boquistl@verizon.net](mailto:boquistl@verizon.net); 215-368-6930*

**2nd Annual**

# General Nash Elementary School **MARCH-A-THON**



Dear Parents/Guardians:

On **Wednesday, October 23, 2013**, General Nash Elementary School will host our Second Annual "GENERAL'S MARCH-A-THON"!

Last year the event was a huge success! The kids had a blast walking around the school and collecting their "feet", and were cheered on by family and friends. We have some surprises planned this year to make the course more challenging for the older kids, so stay tuned! We are also tying the event in with Red Ribbon Week and Apple Crunch Day to help promote fitness for all students.

The March-A-Thon was also a financial success for the Home & School Association (Home & School), which funds many of the events Nash students and their families enjoy throughout the year such as assemblies, field trips, Reading Olympics, and the Winter Carnival. Last year Home & School tried a change in our fundraising philosophy. Instead of having several small fundraisers and asking our families to buy items like gift wrap, kitchen gadgets, and candles to support the school, we decided to have **one big fall fundraiser** – the March-A-Thon. Based on the positive response we received, we are going to try this route again. Last year students raised over \$11,000 in donations and matching funds! **This year our goal is to raise \$15,000. With all of us working together, we can easily reach this goal. In fact, if each Nash student obtains just \$40 in donations, we will exceed our goal!** Once again, we'll be awarding prizes to the three classrooms that bring in the most donations. Keep a lookout for the class participation poster in the front hall so the kids can see where their class ranks!

**There are three ways to request donations:**

1. You can ask your family, friends, and neighbors for donations by directly handing them a donation form.
2. You can mail donation request forms directly to your family, friends, and neighbors.
3. A credit card donation can be made via PayPal on the Nash website at <http://www.npenn.org/Page/11587>.

Remember to check to see if your employer will match donations. Last year we had some very generous matching contributions from companies like Merck and The Travelers companies!

Each Nash student should do his or her own fundraising if he or she wants their donations to count toward the classroom prizes. If a family chooses to work together to request donations, we will split their gifts evenly among all Nash students in the household for prize purposes. We DO NOT advise students to solicit door to door.

**We've provided three options in the hope that one or more will make this fundraising experience an easy one for your family. The completed forms and donations (cash or checks) should be submitted in a sealed envelope marked "March-A-Thon Donations" to your child's teacher by Tuesday, October 15, 2013.**

Please contact Sue Zima at 215-362-1027 or [susanzima@zoho.com](mailto:susanzima@zoho.com) with any questions.

***Thank you for your participation and support!  
General Nash Home and School***

**THE GENERAL'S MARCH-A-THON**  
**October 23, 2013**

General Nash Elementary School  
Home & School Association  
1560 Liberty Bell Drive  
Harleysville, PA 19438  
215-368-2407

Dear \_\_\_\_\_,

On October 23, 2013, my classmates and I will be participating in ***THE GENERAL'S MARCH-A-THON***. We will retrace some of the steps made by General Francis Nash as he marched North to join General George Washington's Army and commanded the 1st North Carolina Regiment at the Battle of Brandywine. We are "marching" to benefit General Nash's Home & School Association which provides us with assemblies, field trips, and supplies (just to name a few things) that benefit our education. During school, I will be walking or jogging (or marching!) around a designated course for 30 minutes.

I would greatly appreciate it if you would consider making a donation to Nash on my behalf. Please indicate your choice below. Thank you very much for supporting my education.

Student's Name \_\_\_\_\_

**Donor's Reply**

**I am enclosing a donation of:**

**\$10** \_\_\_\_\_    **\$15** \_\_\_\_\_    **\$25** \_\_\_\_\_    **\$50** \_\_\_\_\_    **\$100** \_\_\_\_\_    **Other** \_\_\_\_\_

**Please make your check payable to "General Nash Home and School Association".**

Your cancelled check will be the record of your **tax deductible contribution.**

**Please inquire with your employer about company matching.**

**Donor's Name** \_\_\_\_\_

**Street Address** \_\_\_\_\_

**City** \_\_\_\_\_    **State** \_\_\_\_\_    **Zip Code** \_\_\_\_\_

**Please return this form and your donation to a Nash family by October 15, 2013. Thank you again for your support.**

General Nash Elementary School  
Home & School Association  
1560 Liberty Bell Drive  
Harleysville, PA 19438

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**place  
stamp  
here**

General Nash Home & School Association  
1560 Liberty Bell Drive  
Harleysville, PA 19438

**THE GENERAL'S MARCH-A-THON**  
**October 23, 2013**

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Home & School Association  
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Student's Name \_\_\_\_\_

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**\$10\_\_\_\_\_ \$15\_\_\_\_\_ \$25\_\_\_\_\_ \$50\_\_\_\_\_ \$100\_\_\_\_\_ Other\_\_\_\_\_**

**Please make your check payable to "General Nash Home and School Association".**

Your cancelled check will be the record of your **tax deductible contribution.**

**Please inquire with your employer about company matching.**

**Donor's Name** \_\_\_\_\_

**Street Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip Code** \_\_\_\_\_

**Please refold, place check inside, tape ends and return entire form with school address showing on outside by October 15, 2013. Your first class stamp is appreciated.**

# NASH FOOTBALL JERSEYS

**Orders Due:  
Tuesday  
October 8, 2013**

Delivery: Wednesday, October 30, 2013.

Front of  
Jersey:



**Jersey is Navy, Logo is White**  
Back of Jersey is blank or can be personalized with a last name on top like an NFL player.

**Personalization - Name on back (add \$6.00)**

Provide e-mail for personalized jerseys

**Number on back (add \$3.00 for 0-99)**

Provide number choice from 0 to 99  
Includes 1 or 2 digit number

**Jersey Measurements:**

Adult Size:	Adult S	Adult M	Adult L	Adult XL	Adult 2XL	Adult 3XL
Chest Width (on half)	19 1/2"	21 1/2"	23 1/2"	25 1/2"	27 1/2"	29 1/2"
Body Length*	28 1/2"	29 1/4"	30"	30 3/4"	31 1/2"	32 1/4"

\*Measured from highest point of shoulder

Youth Size:	Youth S	Youth M	Youth L
Chest Width	32"	35"	38"
Body Length	22.87"	24.62"	26.75"

**Football Jersey Specifications:**

100% polyester tricot mesh

100% polyester dazzle fabric yoke

Not meant to be worn with pads

Outside locker label on wearer's left side.

Great to wear on Sports Spirit Day and to show Nash school spirit anyway!

# NASH FOOTBALL JERSEYS

Recommend order up one size

Youth	QTY		PRICE	Personalized	Number on Back	Total
Small		X	\$21.00	\$27.00	+ \$3.00	\$
Medium		X	\$21.00	\$27.00	+ \$3.00	\$
Large		X	\$21.00	\$27.00	+ \$3.00	\$
Adult	QTY		PRICE	Personalized	Total	Total
Small		X	\$22.00	\$28.00	+ \$3.00	\$
Medium		X	\$22.00	\$28.00	+ \$3.00	\$
Large		X	\$22.00	\$28.00	+ \$3.00	\$
X-Large		X	\$22.00	\$28.00	+ \$3.00	\$
2X		X	\$23.00	\$29.00	+ \$3.00	\$
3X		X	\$23.00	\$29.00	+ \$3.00	\$

Checks made payable to Nash H & S

Total

\$

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher: \_\_\_\_\_ e-mail: \_\_\_\_\_

## For Multiple Orders with Personalization:

Name on back of jersey: \_\_\_\_\_ Size: \_\_\_\_\_ Number: \_\_\_\_\_

Name on back of jersey: \_\_\_\_\_ Size: \_\_\_\_\_ Number: \_\_\_\_\_

Name on back of jersey: \_\_\_\_\_ Size: \_\_\_\_\_ Number: \_\_\_\_\_

Home & School uses all Spirit Wear Profits to Support Programs for Nash Children

Any questions please contact: Home & School Volunteer Tricia Rhubright at [Nashspiritwear@gmail.com](mailto:Nashspiritwear@gmail.com)



## GENERAL NASH PHYSICAL EDUCATION NORTH PENN SCHOOL DISTRICT

Dear Parents/Guardian,

Hello, and welcome to Nash's Physical Education program. In order to provide a safe and healthy experience, your child is required to be prepared with the following items every week so they may fully participate in the program.

### All students

- Athletic sneakers with **LACES** (tied securely) or **VELCRO** (no slip-ons)
- T-shirt, sweatshirt or warm up jacket
- Shorts, sweatpants or warm up pants
- No jewelry

### Grades 5 and 6

- Students may bring deodorant with them, but it can't be an aerosol spray.
  - 5<sup>th</sup> graders should come to school dressed for PE class and bring clothing to change into for the rest of the day
  - 6<sup>th</sup> graders should bring a t-shirt to change into for PE class

### FEELING BLUE

If your child needs to be excused for one class, a written note from you will be accepted.

If your child is to be excused for more than one class, a **DOCTOR'S NOTE** is **Necessary**.

To help you and your child remember which number day they have Physical Education please see the below schedule and I have also included a calendar for this school year with days 1-4 on it.

### **PHYSICAL EDUCATION SCHEDULE 2013 - 2014**

<b>Day 1</b>	<b>Day 2</b>	<b>Day 3</b>	<b>Day 4</b>
5 Hatch	5 Brehm	5 Moore	APE
2 Yeum	Kdg Roper AM	2 Catto	Travel to Gwyn Nor & GS
3 Pronczak	3 Andreacchio	3 Lomas	
4 Schwartz	Kdg Roper PM	4 Benner	
1 Prisco	1 Bogwist	1 Grudzinski	
6 Neuman	6 Crits	6 Kuiken	

I am looking forward to working with your child as he/she progresses through the physical education program. If you have any questions, feel free to contact me at school.

Sincerely,  
Jennifer Johnson



September 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	Day 1 3	Day 2 4	Day 3 5	Day 3 6	7
8	Day 4 9	Day 1 10	Day 2 11	Day 3 12	Day 4 13	14
15	Day 1 16	Day 2 17	Day 3 18	Day 4 19	Day 1 20	21
22	Day 2 23	Day 3 24	Day 4 25	Day 1 26	Day 2 27	28
29	Day 3 30					

October 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Day 4 1	Day 1 2	Day 2 3	Day 3 2	5
6	Day 4 7	Day 1 8	Day 2 9	Day 3 10	Day 4 11	12
13	Day 1 14	Day 2 15	Day 3 16	Day 4 17	Day 1 18	19
20	Day 1 21	Day 2 22	Day 3 23	Day 4 24	Day 1 25	26
27	Day 2 28	Day 3 29	Day 4 30	Day 1 31		

November 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Day 2 1	2
3	4	5	Day 3 6	Day 4 7	Day 1 8	9
10	Day 2 11	Day 3 12	Day 4 13	Day 1 14	Day 2 15	16
17	Day 3 18	Day 4 19	Day 1 20	Day 2 21	Day 3 22	23
24	Day 4 25	Day 1 26	Day 2 27	Day 3 27	Day 4 27	30

December 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	Day 2 2	Day 3 3	Day 4 4	Day 1 5	Day 2 6	7
8	Day 2 9	Day 3 10	Day 4 11	Day 1 12	Day 2 13	14
15	Day 3 16	Day 4 17	Day 1 18	Day 2 19	Day 3 20	21
22	Day 2 23	Day 3 24	Day 4 25	Day 1 26	Day 2 27	28
29	Day 3 30					

January 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Day 1 1	Day 2 2	Day 3 3	4
5	Day 2 6	Day 3 7	Day 4 8	Day 1 9	Day 2 10	11
12	Day 3 13	Day 4 14	Day 1 15	Day 2 16	Day 3 17	18
19	Day 2 20	Day 3 21	Day 4 22	Day 1 23	Day 2 24	25
26	Day 3 27	Day 4 28	Day 1 28	Day 2 28	Day 3 28	

February 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	Day 4 3	Day 1 4	Day 2 5	Day 3 6	Day 4 7	8
9	Day 1 10	Day 2 11	Day 3 12	Day 4 13	Day 1 14	15
16	Day 1 17	Day 2 18	Day 3 19	Day 4 20	Day 1 21	22
23	Day 1 24	Day 2 25	Day 3 26	Day 4 27	Day 1 28	

March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	Day 2 3	Day 3 4	Day 4 5	Day 1 6	Day 2 7	8
9	Day 3 10	Day 4 11	Day 1 12	Day 2 13	Day 3 14	15
16	Day 4 17	Day 1 18	Day 2 19	Day 3 20	Day 4 21	22
23	Day 1 24	Day 2 25	Day 3 26	Day 4 27	Day 1 28	29
30	31					

April 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Day 2 1	Day 3 2	Day 4 3	Day 1 4	5
6	Day 2 7	Day 3 8	Day 4 9	Day 1 10	Day 2 11	12
13	Day 3 14	Day 4 15	Day 1 16	Day 2 17	Day 3 18	19
20	Day 2 21	Day 3 22	Day 4 23	Day 1 24	Day 2 25	26
27	Day 2 28	Day 3 29	Day 4 30			

May 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				Day 1 1	Day 2 2	3
4	Day 3 5	Day 4 6	Day 1 7	Day 2 8	Day 3 9	10
11	Day 4 12	Day 1 13	Day 2 14	Day 3 15	Day 4 16	17
18	Day 1 19	Day 2 20	Day 3 21	Day 4 22	Day 1 23	24
25	Day 2 26	Day 3 27	Day 4 28	Day 1 29	Day 2 30	31

June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	Day 1 2	Day 2 3	Day 3 4	Day 4 5	Day 1 6	7
8	Day 2 9	Day 3 10	Day 4 11	Day 1 12	Day 2 13	14
15	Day 3 16	Day 4 17	Day 1 18	Day 2 19	Day 3 20	21
22	Day 2 23	Day 3 24	Day 4 25	Day 1 26	Day 2 27	28
29	Day 3 30					



# MARKET DAY

Market Day Orders are due on Wednesday, October, 2013 and pick up is Tuesday, October 8, 2013 from 5 – 6 p.m.

Visit [marketday.com](http://marketday.com) (the account # for General Nash is 14671) **FREE 1 lb. Of broccoli florets with \$40 purchase and FREE 4 pack of ChicNSteakes with \$90 purchase**

**New Customers can use the \$5 coupon – Promo Code: NEWFIVE when ordering.**

If you have any questions, please contact us:

Karen Copestick (215-361-1844 [kcopestick@aol.com](mailto:kcopestick@aol.com))  
Michelle Corman (215-393-5948 [michelle\\_corman@yahoo.com](mailto:michelle_corman@yahoo.com))





# The Count to 1 Million Is On!

## Which Grade Can Get the Most?

### Where to Deliver?

You can drop off your tabs in the Home & School “tabs” bin in the school lobby. Just put the tabs in a ziplock bag and label with your child’s grade.

**PULL ONE FOR CHARITY IN THE**

**NASH CHALLENGE**

**COLLECT 1 MILLION ALUMINUM TABS**

**BEFORE JUNE 2014!**

**Any questions contact Jen Jczyk ([jenjezyk@hotmail.com](mailto:jenjezyk@hotmail.com)), Tanya MacGregor ([gmac2001@verizon.net](mailto:gmac2001@verizon.net)), or Lise Gawinski ([eliseharrigan@aol.com](mailto:eliseharrigan@aol.com))**



# Cash for Nash

By participating in these Cash Back Donation programs, parents and family members can easily raise money through their regular shopping. Cash Back Donations earn money that goes to support field trips, assemblies, speakers, extracurricular activities, classroom support and classroom enrichment programs such as BrainPop. Check out the programs below, and sign-up to earn Cash for Nash!



## Target REDCard: Take Charge of Education

You may already be taking advantage of Target REDCard to get 5% back on everyday purchases... did you know that you can also support General Nash with your REDCard? When you sign up for Take Charge of Education with your Target REDCard and choose General Nash as your donation school, Target will donate 1% of your purchases to our school.

**Funds raised in 2012-2013: \$734.07**

**Funds raised in 2011-2012: \$700.00**

**Coordinator:** Michelle Corman, 215-393-5948

**For more information and to sign-up:** If you have a Target REDCard, go to <https://www.secure.target.com/redcard/tcoe/home> to designate General Nash Elementary as your donation school.



Shop Market Day's selection of delicious high quality groceries every month and support General Nash Elementary while you feed your family. Did you know that at least 10 - 20% of your purchase goes back to your organization?

**\*\*\* Market Day pick-up is on the first Tuesday of each month from 5-6pm at Nash cafeteria.**

**\*\*\* Market Day orders are due by midnight on the previous Wednesday.**

**Funds raised in 2012-2013: \$1,295.00**

**Funds raised in 2011-2012: \$1,500.00**

**Co-Coordinators:** Karen Copestick, 215-361-1844  
Michelle Corman, 215-393-5948

**For more information and to sign-up:** <http://www.marketday.com/>



## Giant: A+ School Rewards

**\*\*\* Our School ID is 05786.**

With A+ School Rewards our school earns points that become cash for Nash! Giant Card customers can register their card each year and designate Nash as their donation school.

**Please note that you must re-register your card every year in order to earn cash for Nash.**

**Funds raised in 2012-2013: \$914.00**

**Funds raised in 2011-2012: \$900.00**

**Coordinator:** Karen Lindsay, 215-412-3032

**For more information and to sign-up:** For information go to <http://www.giantfoodstores.com/aplus/index.html>



Earn cash for Nash by clipping Box Tops coupons from hundreds of participating products. Box Tops also offers easy ways to earn even more cash for your school online.

**Funds raised in 2012-2013: \$1,932.00**

**Funds raised in 2011-2012: \$1,400.00**

**Coordinator:** Tanya MacGregor, 215-353-2671

**Collection Place:** Send Box Tops in a sealed bag or envelope, labeled with your child's name, with your child or drop in the "Box Top" bin under the H&S bulletin board outside the gymnasium. Deadlines are the end of October and February each year... look for classroom "Box Top" drives around these months... with incentives for top classes!

**For more information and participating products:** Log on to <http://www.boxtops4education.com/earn/Default.aspx> to check out all the ways you can earn Box Tops for Nash.



ARTS • ATHLETICS • ACADEMICS

### Campbell's Labels for Education

Labels for Education® is a fun and easy program where families and members of the community work together towards a common goal – “Earn Free Stuff” for their school! By collecting UPCs and beverage caps/sauce caps from over 2,500 participating products, supplementing your earnings through the e-Labels for Education program and with our bonus offers, your school earns points that can be redeemed for Arts, Athletics, and Academics merchandise.

**Coordinator:** Stacy Johnson, 610-584-0234

**Collection Place:** Send Labels for Education in a sealed bag or envelope, labeled with your child's name, with your child or drop in the “Labels for Education” bin under the H&S bulletin board outside the gymnasium. Look for classroom “Labels for Education” drives during the school year... with incentives for top classes!

**For more information and participating products:** Go to <http://www.labelsforeducation.com/About-the-Program>.

### Paper Recycling Program



Bring your paper in a plastic bag and drop it in the green and yellow ABITIBI recycling bin located in the Morning Drop-Off Parking Lot and help raise money for the General Nash Student Council. We accept newspaper, magazines, shopping catalogues, office papers and mail.

**Thank you for your support of this important fundraising effort!**



### Quality Pizza in Lansdale

Order your meal and mention Nash! Nash families can get 15% off every order. **No Deadline** –

**Offer Good All Year Round!** Nash Family owned and operated, Quality Pizza, located in Lansdale, has been making quality pizzas for 30 years, using only the freshest ingredients. It also serves stromboli, calzones, fried chicken, seafood, pasta, salads, subs, paninis, buffalo wings, etc. Quality Pizza will deliver in Nash family neighborhoods. Remember them when ordering for parties, Phillies and Eagles Games, and of course, your regular pizza night.

**Call (215) 361-7400 and mention Nash!!**



### ShopRite: E-Box Tops 4 Education

By registering your ShopRite Card and designating General Nash Elementary, you can earn additional E-Box Tops for Nash by buying five participating monthly products each month (check the website for monthly products.) In addition to earning E-Box Tops for Nash, ShopRite will donate \$.55 to ShopRite's Partners in Caring Fund.

**Coordinator:** Tanya MacGregor, 215-353-2671

**For more information, participating products, and to sign-up:** <http://www.shopriteshoponcegivetwice.com/>



### ShopRite: E-Labels for Education

Earn additional Campbell's Labels for Education by registering your ShopRite Card with e-Labels for Education and designating General Nash Elementary as your donation school. Each participating product that you purchase from ShopRite will earn 1-point that will be credited to your school's Labels for Education account automatically. Points are redeemed for Arts, Athletics, and Academic merchandise.

**Coordinator:** Stacey Johnson, 610-584-0234

**For more information, participating products, and to sign-up:** [http://www.elabelsforeducation.com/Sites/Campbells\\_eLabels/Page/SRHomePage](http://www.elabelsforeducation.com/Sites/Campbells_eLabels/Page/SRHomePage)



### Keller Williams— Scott Newell, Realtor

Scott Newell is a Nash parent and Real Estate Professional. If you are seeking an agent to find new home or to sell your own, contact Scott and mention General Nash. \$200 will be donated to Home and School at the time of settlement.

**Contact Scott Newell at [www.scottnewellhomes.com](http://www.scottnewellhomes.com) or 215-631-1900 (office) -- 267-421-9266 (cell)**



Upper Bucks Healthy Communities
Healthy Youth presents:



'The Strengthening Families Program:
For Parents and Youth 10-14'

An Opportunity to Strengthen Your Family and Support Your Child Through the Teenage Years

Join Us For Seven Weekly Sessions That Include:

- Fun Family Games and Activities
Engaging & Interactive Youth Activities
Interaction with Other Parents
FREE Family Meal Each Week
FREE Childcare for Younger Siblings
Gift Card Raffle Each Week

Parents/Caregivers will discuss:

- The normal developmental changes in teenagers
Helping youth to avoid risks and substance use
Setting age appropriate limits - Helping youth understand rules and consequences
Effective joint problem solving skills
Ways to show love and support

Youth will learn about and practice:

- Making good decisions and setting goals
Peer pressure resistance skills to avoid problems with drugs & alcohol
Empathy and appreciation of parents/caregivers
Coping with stress

What participants from previous SFP sessions have said:

- 'The program helped me bond with my child and opened up communication. It helped her prepare for future challenges.'
'I was skeptical at first but doing the program has changed my life more than I ever thought possible for the better.'
'This was a lot of fun and beneficial for everyone in our family. I would suggest this class to everyone.'

Classes start on October 16th and continue for the next seven Wednesdays

Time: 6:00pm - 8:30pm

Location- Trinity Lutheran Church, 1000 West Main Street, Lansdale

Pre-registration required!

Please register by October 11th

Upper Bucks Healthy Community Healthy Youth is a non-profit organization

Yes, my family would like to attend the Strengthening Families Program!

Parent/Caregiver's Name(s):

Children's Names and Ages:

Address:

Telephone Number: Cell number:

Email: Childcare needed? (check one) Yes No

Children's Names and Ages needing childcare:

Any food allergies or special dietary needs?

Do any family members have any difficulty reading? (please describe):

To register: Go online to www.justcommunity.com/events or,
Complete form and attach to email and send to nstephens@justcommunity.com or,
Complete form and mail to: Nina Stephens, justCommunity, PO Box 258, Quakertown, PA 18951 or,
Complete form and fax to: 215-538-4798

For more information call Nina Stephens at 215-538-4799